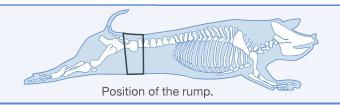
Rump



Code: **1053**



1 After removing the topside, thick flank and shin muscles from a boneless leg of pork by following the natural seams.



2 The remainder of the leg consists of the heel muscle, silverside and rump muscles.



3 Remove the rump from the silverside as illustrated.



4 Rump.